

# A Great Source for Nonfiction

Each issue contains nonfiction stories and features which can be used to teach students how to navigate and understand nonfiction text.



Headlines introduce big topics and ideas

Engaging photos support text

Sidebars provide extra facts or graphics

Links for more articles and activities online

**Rules of the Game**  
Here are some rules for school and for sports. The sport's stars tell you why it's important to follow these rules.

- In school, the rule is: Respect your teacher.
- In sports, the rule is: Follow the referee, coach, captain, or umpire.

Shannon Boxx says: "Teachers, coaches, and captains know what they're doing. That's why they have those jobs and you can only learn from them."

**Rules for Everyone**  
In school, there are many rules for kids to obey, or follow. Do you think only kids have to follow rules? Soccer star Shannon Boxx and football hero Peyton Manning say that they have to follow rules too.

Shannon Boxx is a top player for the U.S. Women's National Soccer Team. She told Scholastic News, "You should play within the rules that are set. You shouldn't cheat in life. It just hurts you."

**Listen and Learn**  
(Following the rules isn't always easy, however. You must listen to and respect the person in charge—even if you disagree with that person.)

"Coaches—and teachers—should be listened to because they have your best interests at heart," says Peyton Manning. He is the quarterback for the Indianapolis Colts.

"Sometimes, a coach or teacher tells you something that you don't want to hear. But you have to remember that they want what's best for you."

It doesn't matter if you're a kid or a grown-up—everyone has rules to follow.

**THIS WEEK ONLINE!**  
Check out an all-new Special Report at Scholastic News Online! [WWW.SCHOLASTIC.COM/NEWS](http://WWW.SCHOLASTIC.COM/NEWS)

**The New Food Pyramid**  
Eating right is one way to stay healthy. That's why the U.S. Department of Agriculture recently created a new food pyramid.

The new pyramid has **vertical**, or up and down, stripes in different colors (see art on left). The stripes stand for the five food groups. An extra yellow stripe stands for oils and fats. The colors show the **amount**, or number of different kinds, of foods we should eat. The thicker the stripes, the more we should eat from that group.

Why does the pyramid show a person running up stairs? That's to remind us to get lots of exercise!

**Elephants Sound Off!**  
Have you ever tried to **mimic**, or copy, a sound that you've heard? Humans, along with parrots, bats, and dolphins, can mimic sounds. Recently, experts added the elephant to this list.

The experts made the discovery while studying a herd of elephants in Tsavo National Park, Kenya. One scientist, Joyce Poole, says the elephants can even mimic sounds made by **true**! The elephants live near a highway. "They hear the sounds of the trucks every night," says Poole. Other elephants have learned to mimic a frog's croak! This skill could help elephants recognize each other from far away.

**STICKY SITUATION**  
Amy and Jan are friends. They have always been in the same class. This year, they're in different classes. At lunch, Jan and her new classmate Lucy talk about the sticky situation about the class that happens every day. When they do this, Amy feels left out. What should Amy do?

**On this page, underline a sentence that explains how Shannon Boxx feels about cheating. Circle a sentence that explains why Peyton Manning believes we should listen to coaches and teachers.**

Bolded content vocabulary words are defined within the text

Introductions and headings provide the main ideas in an article

Captions help readers understand the meaning of photographs and illustrations

Built-in comprehension strategies in every issue

Activities features a news map, graph, or chart

Multiple choice comprehension questions provide test-taking practice

Written vocabulary builders

**KIDS' CORNER**

**HELLO, HURRICANE!**  
Hurricane season is here! This year's season is expected to include seven to nine hurricanes, or storms with winds that reach at least 74 miles per hour. The U.S. map shows the five states hit by the most hurricanes over the last 50 years. Use it to answer the questions you hear.

**Top Five Hurricane States (over 50 years)**

1. Florida
2. Louisiana
3. Texas
4. Mississippi
5. Alabama

**Fill in the circle:**

1. Peyton Manning is a...  
 soccer player  
 football player  
 teacher  
 football coach

2. **Respect** means...  
 only kids must follow rules  
 it's always easy to follow rules  
 it's important to respect people in charge  
 football and soccer have no rules

3. **Shannon Boxx** believes...  
 people should not cheat  
 there should be no rules  
 people in charge don't know what they're doing  
 all of the above

4. The new food pyramid was created to...  
 show which food groups  
 get people to eat vegetables  
 get people to stop eating fruits and vegetables  
 help people eat right

**Matched with a word, write the word's meaning.**

**Vertical** is the opposite of horizontal.

**Mimic** means to copy a sound or action.

**True** means that something is real or honest.

**Sticky** means hard to move or separate.

Sample Shown: Scholastic News for Grade 3

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